



Opportunity for schools to take part in pan European project

Moving Schools Challenger (MSC) is an EU partnership project which aims to promote healthy active lifestyles to children by supporting schools to organise monthly challenges throughout the school year. Led by Desporte para la Educación y la Salud (DES), MSC is based on a popular and successful project which has taken place in Spain for the last 5 years.

How does it work?

Schools are encouraged to accumulate healthy kilometres every month. These are calculated according to the different types of activity their students undertake. For example;

Half an hour of team sports = 5 healthy kilometres

Each month has a suggested challenge theme or schools can be creative and invent their own. The overall aim is for schools to increase the number of healthy kilometres they amass each month.

MSC is designed to be fun and non-competitive. It is all about young people becoming more active and more healthy.

A free downloadable toolkit will be available with ideas and activities to support the project.

Youth Sport Trust International is looking for 10 schools to participate in the UK pilot from September 2023. You will become part of a pan European network of schools across 7 different countries and have the opportunity to share experiences and connect with each other.

For further information and to register your interest please contact
international@youthsporttrust.org

